

GGGYO 2018 Almanac

This Is The Year That Was



Many questions about seeds

Contents

ABOUT US.....	3
Workshop 1: Summer pruning of fruit and nut trees	4
Summary of workshop.....	6
Workshop 2: Urban Foraging	9
Summary of Workshop.....	11
Workshop Extra #1: Wicking box manufacture	14
Workshop 3 Everything starts with your soil	15
Summary of Workshop.....	17
Workshop 4: Managing water use in your garden.....	18
Summary of Workshop.....	20
Workshop 5: Growing different fruit on the one tree	22
Summary of workshop.....	24
Workshop 6: Australian Native Foods and Revegetation with Native Plants	26
Summary of Workshop.....	28
Workshop Extra #2: Growing Food.....	31
Workshop 7: Trying different things	32
Summary of Workshop.....	34
Workshop 8: Preparing for a Hot, Dry Summer.....	37
Summary of workshop.....	39
COMMUNITY GARDENS.....	41
1. Skylight Pots Installation on 9 March 2018.....	41
2. Kilburn Refugee Garden: Handover of 400 seedlings on 15 April 2018	43
3. Kilburn Refugee Garden: handover of 500 seedlings on 16 September 2018.....	44
4. Renewing Unley Museum Garden beds 22 October 2018 with mulch, Whoflungdung and new, tough plants.	45
5. Unley Primary School Beds through 2018	47
TREE POLICY	48
FIELD TRIP: Alberton Primary	50
FEEDBACK	52

ABOUT US

Our Grow Grow Grow Your Own (GGGYO) group consists of Nolda Beynon, Ashley Campbell, Peter Croft, Jan McClelland, Pauline Muir, Russell Talbot, Anne Wharton, Anne Wilson, and Pat Wundersitz, with the active participation and lots of support from Kat Ryan of Unley Council.

We also acknowledge the generous assistance of Steven Hoepfner, Diana Bickford (Bickleigh Farm), Mitre 10 Unley, and SA Composters.

We are actively supported by Sustainable Communities SA that provides financial, publicity and governance assistance. GGGYO is a member group of Sustainable Communities SA.

In our inner-Adelaide Council area (City of Unley), the Grow Grow Grow Your Own group has been granted funds in funding rounds from Unley Council over the past six years to help the community grow more of its own food. This we have done principally through running workshops and installing verge and raised bed (community gardens). We have now gained a three-year grant of \$6100 per annum from Unley Council to fund our program of workshops and community gardens.

The group has broadened its connections with Council on many fronts – including its Tree strategy, building community connections, linking with the Active Ageing and Youth strategies of Council, and conservation of trees – tree canopy and significant and regulated trees.

We have found that Council staff and elected members are interested in engagement with the community and have responded favourably to issues that we have raised including sustainability and preservation of trees and tree canopy. A key element for us has been a commitment to engaging with the people and processes of Council and being prepared to spend time in doing so.

The almanac highlights our key activities during the 2018 year.

Workshop 1: Summer pruning of fruit and nut trees

Grow, Grow, Grow Your Own

First of the 2018 free Workshop Series

Summer pruning of fruit and nut trees



Summer Pruning: Organic Gardener Magazine

Sunday 18th February 2018

2 pm at Morrie Harrell Reserve, Ramage Street, Unley

then at Unley Community Centre, 18 Arthur Street.

Register at peter.croft@mmc.com.au or 0401122547.

Workshop details

Many gardeners have been used to pruning their fruit and nut trees in winter, when they are largely dormant. However, pruning trees in summer, just after they have fruited, can help with encouraging more fruit **next** season.

Our first workshop will be on “Summer pruning of fruit and nut trees”. It will be held on Sunday 18th February, in two parts:

At 2pm at Morrie Harrell Reserve, Ramage Street Unley for a demonstration of summer pruning.

Then, walk around the corner to the Unley Community Centre, 18 Arthur Street, Unley for afternoon tea and Questions and Answers on selecting, planting, growing and harvesting fruit and nut trees.

Note: if the day is excessively hot, we may move to the Unley Community Centre soon after 2pm.

The workshop will be conducted by Steven Hoepfner, an experienced orchardist and local garden developer (<http://www.earthright.com.au>).

The Unley Council has generously agreed for a fruit tree at the Morrie Harrell Reserve to be pruned by Steven in the workshop.

Thanks to a generous Unley Council grant:

Cost: free.

If you have any excess produce to share, bring that too!

Future Workshops: Our next workshops will be about Urban Foraging (8th April), Soils (27th May), Water saving and use (8 July), Growing bush foods and revegetating with native plants (19th August), and Unusual fruit trees and Perennial vegetables (30th September) so make sure that you are on our email list for details of each workshop.

Community garden beds: We would like to talk to members of the Unley community interested in hosting garden beds whose produce is shared.

Questions and problems: we are always keen to help you to grow your own vegetables. Please contact Pat on 0407 608 345 if you need help.

Summary of workshop

A great session with Steven. 50+ attendees. We had prepared for a hot summer's day but, in the end, it was warm and pleasantly drizzly at times.

We started off at Morrie Harrell Reserve where Steven showed us how to fertilise a tree:

- Fertilise at the drip line outer edge of the tree.
- Clear a circle around the tree at that edge and fertilise there.
- Use Gyganic from Neutrog. Mix the soil in with the fertiliser then water.
- Then cover with mulch etc. N

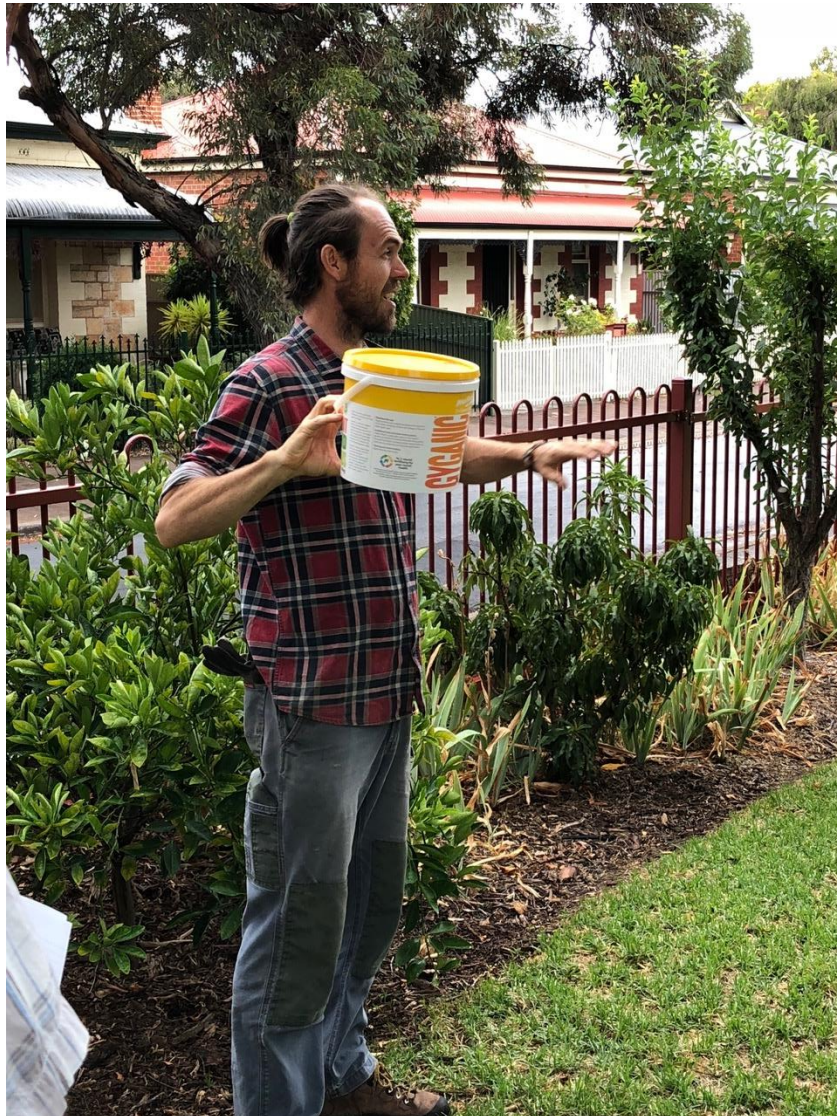
Note that the feeding roots are generally no more than 10 centimetres depth.

Then we went back to the Unley Community Centre and continued onto pruning the trees that Steven had brought. Some major cuts from Steven on his demonstration trees. He asked "Have I cut too much off?" then "Yes, get used to it". He emphasised tree structure as a major goal for pruning.

Some tips from Steven:

- Best time to prune is just after fruiting
- Prune a tree to have four to five branches only. Wagon wheel shape. Aim to be a sun collector from north particularly
- Get the right shape and height and see it as an investment in its productive future even if you are cutting off some of this year's crop
- Think of a tree as having two straws: one transports food down and the other brings nutrient up from the soil (links to heartwood and bark)
- Growth occurs at nodes: where leaf joins branch or stem.
- Avoid die-back by cutting just above a node
- Load-bearing branches should be on 45 degrees angle. If horizontal, they will drop when loaded with fruit
- Look for the point where this year's growth and last year's growth join e.g. peach fruits on last year's growth.
- For new fruit trees, prune in winter as it encourages growth in spring/summer. For trees in good shape do it in summer
- Don't break off spurs on branches as they flower and produce fruit
- Best time to prune citrus is when you can sit with bare bum cheeks on ground. They are tropical trees. Keep a canopy to protect bark. Note: sunlight doesn't penetrate more than 90 centimetres so cut the tree to a ball shape after summer egg autumn then feed and water them afterwards.

After the demonstrations, we invited attendees to collect some seeds and seed-raising mix, grow the seeds in toilet rolls and bring half back so that we could supply to the refugee garden at Kilburn. At least half a dozen people took up the offer. More next time?



Grow, Grow, Grow Your Own – Almanac 2018



Workshop 2: Urban Foraging

Grow, Grow, Grow Your Own

Second of the 2018 free Workshop Series

Urban Foraging



What local plants and fungi are edible?

Sunday 8th April

**2.30 pm. at Fullarton Park Community Centre
411 Fullarton Road Fullarton
(at the corner of Fullarton Road and Fisher Street,
Fullarton: onsite parking accessed from Fullarton
Road)**

**Meet in the park just outside the Rear Foyer
entrance.**

**Register at patwundersitz@gmail.com
or 0407608345.**

Workshop details

Our second workshop will be held at the Fullarton Park Community Centre and run by Kate Grigg – a qualified horticulturalist and conservationist.

Kate has a large following across Australia through her facebook groups: Foraging South Australia and Mushroom Foragers of South Australia. Kate is the go-to person for many Australian chefs, professional and amateur foragers, and keen nature-lovers who want accurate identification of plants and fungi they have found. Kate regularly hosts events for Councils, wineries and the food industry.

Thanks to a generous Unley Council grant:

Cost: free.

If you have any excess produce to share, bring that too!

Future Workshops: Our next workshops will be about Soils (27th May), Water saving and use (8 July), Growing bush foods and revegetating with native plants (19th August), and Unusual fruit trees and Perennial vegetables (30th September) so make sure that you are on our email list for details of each workshop.

Growing from Seeds: We have started distributing seeds of popular vegetables at our workshops together with seed-raising mix. The idea is some seedlings for you and some for a refugee garden project in Kilburn. We hope that you can join us in this project.

Community garden beds: We would like to talk to members of the Unley community interested in hosting garden beds whose produce is shared.

Questions and problems: we are always keen to help you to grow your own vegetables. Please contact Pat on 0407 608 345 if you need help.

Sustainable Communities SA – Unley groups

Summary of Workshop

As it was last year, this was a terrific workshop, with approximately 60 people attending at Fullarton Park Community Centre.

Kate Grigg led us through a lively presentation of edible and non-edible foraged plants.

Many questions and much interest.







Workshop Extra #1: Wicking box manufacture

Nolda and Pauline held a workshop on wicking box making at the South-West Community Centre on 11 April, at the South-West community Centre.

There were 9 participants plus 1 child for the string making. And towards the end of the workshop, a few of the adults also made some string!



Workshop 3 Everything starts with your soil

Grow, Grow, Grow Your Own

Third of the 2018 free Workshop Series

Everything starts with your soil



Restormal avenue Fullarton verge gardens

Sunday 27th May 2018
2.30 pm at Unley Community Centre, 18 Arthur Street, Unley.
Register at patwundersitz@gmail.com

Workshop details

The best place to start with growing plants is with your soil. Getting this right is the foundation of healthy plants and produce. Our third workshop will focus on “Everything starts with your soil”. It will be held on Sunday 27th May starting at 2.30 pm at the Unley Community Centre, in Arthur Street Unley.

Our presenter is **Dr Uwe Stroehrer** who has been a consultant to Neutrog Australia for almost ten years and instrumental in the development of Neutrog’s liquid probiotic GOGO Juice. Dr Uwe Stroehrer is prominent in medical research: pneumonia, hepatitis and golden staph particularly. Dr Stroehrer also has a long-standing interest in soil microbiology and bioremediation and has published extensively on these topics.

Thanks to a generous Unley Council grant: **Cost: free.**

If you have any excess produce to share, bring that too!

Future Workshops: Our next workshops will be about Water saving and use (8 July), Growing bush foods and revegetating with native plants (19th August), and Unusual fruit trees and Perennial vegetables (30th September).

Community garden beds: We would like to talk to members of the Unley community interested in hosting garden beds, whose produce is shared.

Questions and problems: we are always keen to help you to grow your own vegetables. Please contact Pat on 0407 608 345 if you need help.



Summary of Workshop

In attendance: 60 people.

Dr. Uwe Stroeher generously shared his detailed knowledge of the way that bacteria and fungi have developed symbiotic relationships with plants. An abundance of fungi in the soil increases the availability of nutrients to plants 100 to 1000-fold!

We learnt that fungi can trap, kill and consume nematodes in the soil if there is not an excess of nitrogen. Many gardeners make the mistake of applying too much nitrogen fertiliser to their plants.

Recent science is showing that fungi provide a linkage between trees - sometimes over many hectares. This helps trees support each other, especially young ones during stressful times e.g. insect attacks.

Bacteria and enzymes secrete numerous enzymes which help plants.

Most gardens have lots of insoluble phosphates but little of this is available to plants unless there are lots of bacteria in the soil.

Soil microbes can increase soil organic carbon contorting to plant health while reducing carbon dioxide levels in our atmosphere. On a global scale a widespread increase in soil carbon can significantly reduce atmospheric Carbon dioxide.

Uwe's talk included lots of science - a challenge for some of us to absorb, particularly for people a bit tired after being active in the garden or partying the night before.

Uwe had free sample bags of Neutrog's products for us to take away.

As usual, surplus garden produce and seedlings were exchanged and people connected over cuppas afterwards.

Workshop 4: Managing water use in your garden

Grow, Grow, Grow Your Own

Fourth of the 2018 free Workshop Series

Managing water use in your garden



Source: Melbourne Water

**2.30 pm on Sunday 8th July
at Unley Community Centre
18 Arthur Street Unley.**

**Register at peter.croft@mmc.com.au
or 0401122547.**

Workshop details

No matter the size of our garden, managing the amount of water that we use is difficult. And it will become more difficult as summers get drier and hotter.

Our fourth workshop focuses on the options that might help us. It will be run by Mellissa Bradley, the Program Manager for Water Sensitive SA. Mellissa is a strong advocate for the creation of more liveable cities and towns using integrated water management objectives and best practice water sensitive urban design.

Mellissa has 25 years' experience working within the fields of civil design, development assessment, environmental and construction management, and helping local government in catchment and urban water management.

Thanks to a generous Unley Council grant:

Cost: free.

If you have any excess produce to share, bring that too!

Future Workshops: Our next workshops will be about Growing bush foods and revegetating with native plants (19th August), and Unusual fruit trees and Perennial vegetables (30th September) so make sure that you are on our email list.

Growing from Seeds: We have started distributing seeds of popular vegetables at our workshops together with seed-raising mix. The idea is some seedlings for you and some for a refugee garden project in Kilburn. We hope that you can join us in this project.

Community garden beds: We would like to talk to members of the Unley community interested in hosting garden beds whose produce is shared.

Questions and problems: we are always keen to help you to grow your own vegetables. Please contact Pat on 0407 608 345 if you need help.

Sustainable Communities SA – Unley groups

Summary of Workshop

50 attendees

Anne Wilson and Pat presented on methods for control of gall wasps: don't cut the galls off as it stimulates new growth which is infected by more wasps. Plus use of Tree Guard sticky paint to prevent wasps emerging

Melissa described how urbanisation has changed the amount of water leaving our properties. Then she focussed on raingardens: 50 metres of roof for one square meter of raingarden. And showed how to build a raingarden. Rather like a wicking bed used in a verge garden.

Plants chosen for a rain garden are designed to remove nitrogen and phosphorus e.g. sedges and hop goodenia.

Swales also perform a similar function: they slow down water and keep some in the ground.

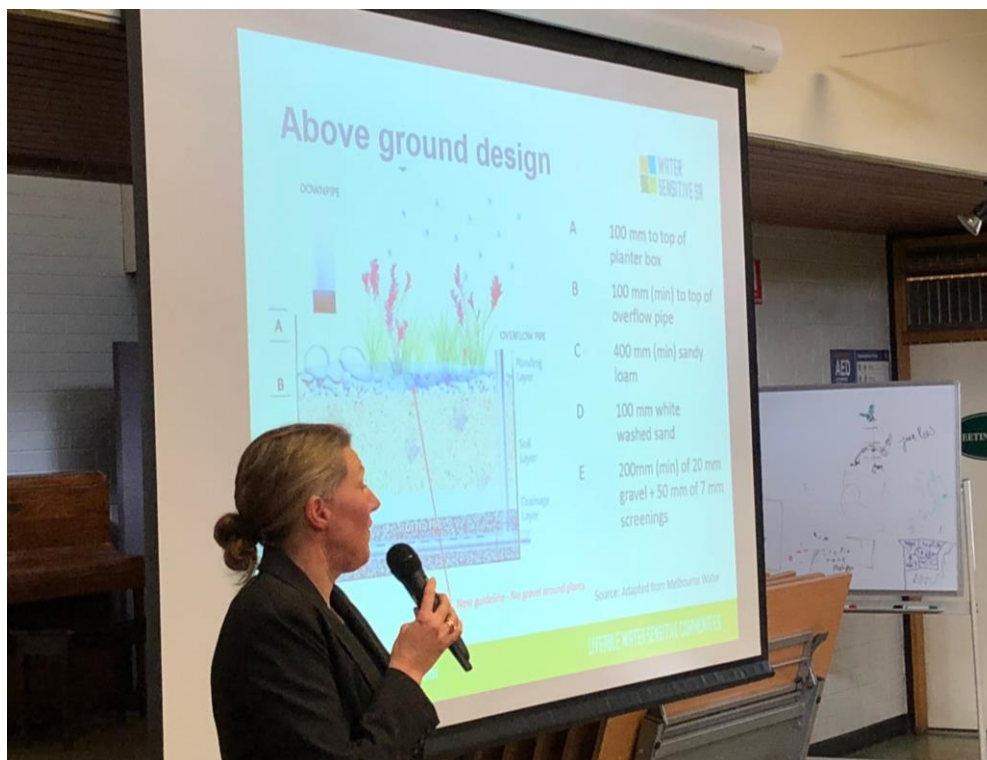
Infiltration systems help trees survive: line a trench with geotextile and fill with gravel. Great for big backyards. Need to be three metres from buildings and property boundaries. See the website for Watersensitive SA to get more measurements and videos. Terrific to put in the front yard as they will help street trees.

A rainwater tank plumbed to the house plus a 90 centimetre round infiltration system (1.5 metres deep) will take all of the stormwater from a property.

Melissa then showed a variety of pervious surfaces for driveways and paths.

Pauline concluded with a demonstration of leaf clearing from gutters and how to grow trees from hardwood cuttings

Lots of interest in seeds and chatting afterwards.





Workshop 5: Growing different fruit on the one tree

Grow, Grow, Grow Your Own
Grafting Workshop

Growing different fruit on the one tree



Acknowledgements: Sally Osterstock

Two workshops:
1 – 3pm on Saturday 4th August or
1 – 3pm on Sunday 5th August
at Fern Avenue Community Garden,
Fern Avenue, Fullarton.

Please book for one workshop only.

Register at catland@optusnet.com.au

Workshop Details

Our presenter is Sally Osterstock, in conjunction with Pauline Muir and Anne Wilson from the Grow Grow Grow Your Own group.

This is a hands-on workshop for a limited number of participants, so please book early.

We will supply rootstock (pear, apple, peach and plum) for participants to choose from.

Thanks to a generous Unley Council grant: Cost is free for the workshop. Suggested contribution of \$7.50 to cover the cost of rootstock and scions.



Acknowledgements: Stark Bros.

Sustainable Communities SA – Unley groups

Summary of workshop

We held a propagating workshop on 4th and 5th August at Fern Avenue Community garden in conjunction with the members of that garden. The workshop was for a small number (15) each day as it was a hands-on workshop. The workshop was over-subscribed several times and many who couldn't attend were disappointed. The workshop itself was free but participants paid for rootstock and scions. The two days were cool but the Community Garden had an excellent enclosed room.





*Workshop 6: Australian Native Foods and
Revegetation with Native Plants*

Grow, Grow, Grow Your Own

Sixth of the 2018 free Workshop Series

Australian Native Foods and Revegetation with Native Plants



All pictures from John Boland and Chris Bryant

**2.30pm on Sunday 19th August 2018
at Unley Community Centre, 18 Arthur Street Unley.**

Please register to attend this workshop at peter.croft@mmc.com.au to
ensure your place.

Grow, Grow, Grow Your Own – Almanac 2018

Living more sustainably is a real challenge. Where to start? How to do it?

Two people who have grown Australian native food and revegetated an area of land with native plants are giving this workshop. **John Boland** is Professor of Environmental Mathematics at University of South Australia, specialising in modelling of renewable energy and water supply systems. **Chris Bryant** is a part time research assistant, former registered nurse, and an accredited Permaculture Designer.

Together, they produce 30% of their food from their garden which also acts as climate control, habitat for frogs, birds and lizards, sanctuary and place for enjoyment. They also manage a rural property in Monarto, where they are custodians for several rare and threatened plant species, including one on the nationally endangered species list. Over thirty years, they have made it into a private conservation park.

**Thanks to a generous Unley Council grant:
Cost: free.**

If you have any excess produce to share, bring that too!

Future Workshops: Our next workshop will be about Adventures (and Misadventures) in an Experimental Edible garden (30th September) so make sure that you are on our email list.

Growing from Seeds: We have started distributing (free) seeds of popular vegetables at our workshops together with seed-raising mix. The idea is some seedlings for you and some for a refugee garden project in Kilburn. We hope that you can join us in this project.

Community garden beds: We would like to talk to members of the Unley community interested in hosting garden beds for shared produce.

Questions and problems: we are always keen to help you to grow your own vegetables. Please contact Pat on 0407 608 345 if you need help.



Sustainable Communities SA – Unley groups

Summary of Workshop

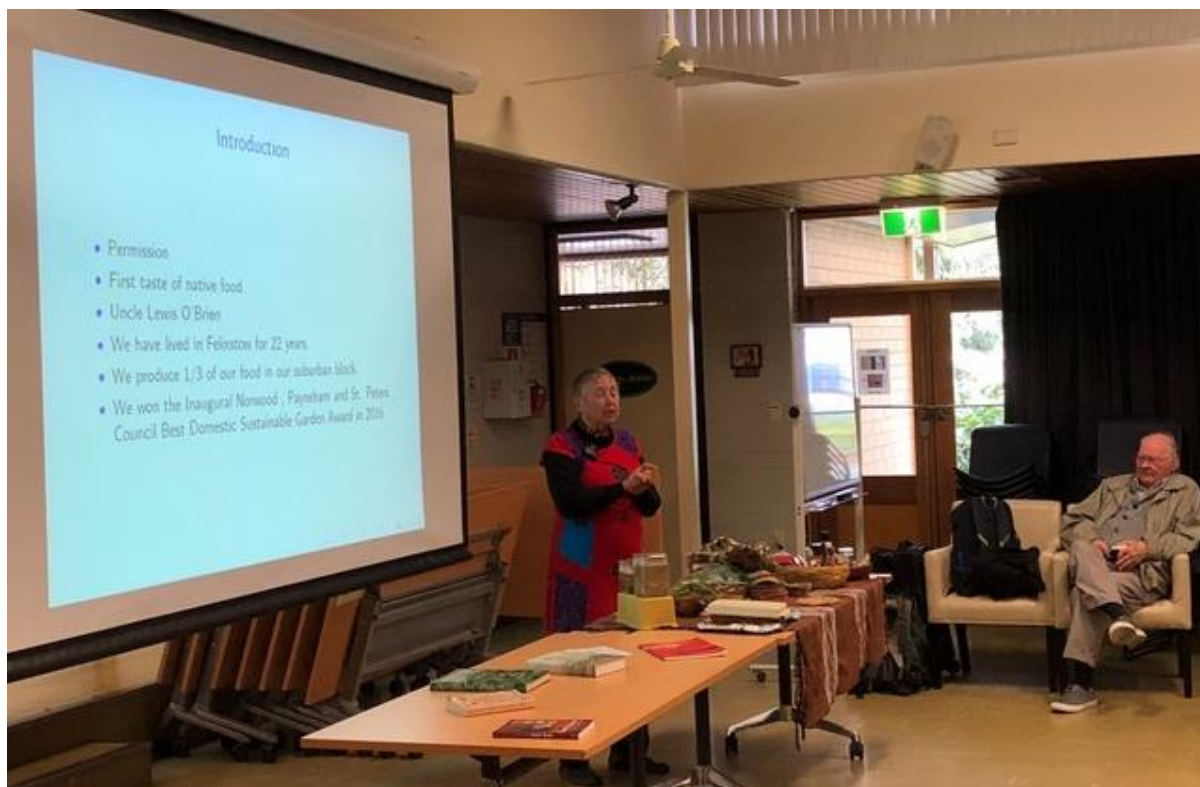
Chris Bryant and John Boland presented a fantastic workshop to over 75 people (including Dr Lewis O'Brien - Kaurna elder).

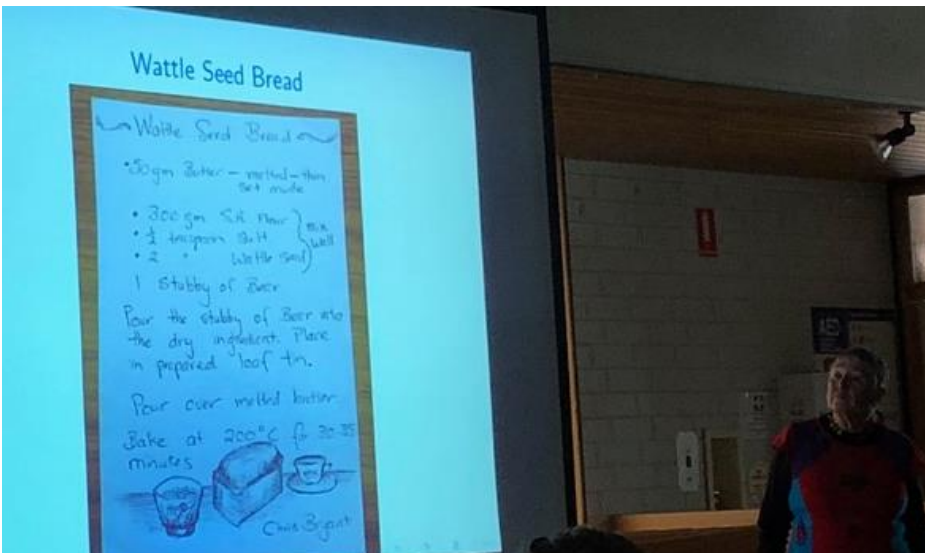
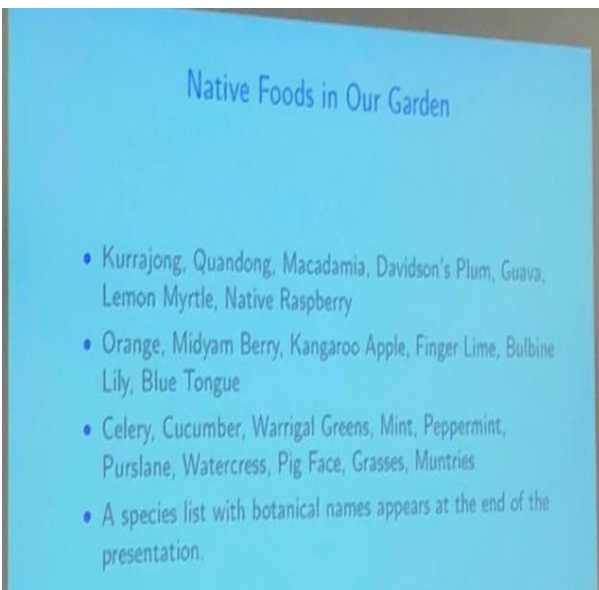
Chris outlined the native edible plants in their garden: purslane in pots, macadamias, kangaroo apple, finger lime and native orange - amongst many. Kangaroo apple wood can be chopped into short lengths and tied in bundles to make homes for native bees. She had cooked wattle-seed bread prior to the workshop using wattle-seed from their garden and shared a loaf.

Several key sources of plants include the Belair nursery, Diggers and Perry's at McLaren Flat for fruit trees. Produce available from the Central Market at Wild Foods. She recommended a tossed macadamia nut and pasta dish, as delicious.

John talked about the regeneration that they have undertaken at their 53 hectare block between Monarto Zoo and Murray Bridge: about 800 metres by 800 metres. It contains extant vegetation which is one of the few remaining pre-European sites of Monarto Mintbush. John and Chris have, over 30 years regenerated much of the property and eat many items from it including spinifex seed, old man's beard, clematis aerostat, apple berry and ruby saltbush. They are now looking for an organisation which can manage the property in perpetuity and may gift it to Monarto Zoo.

Afterwards, there were many conversations, and the seed table and sharing table were very busy.





Grow, Grow, Grow Your Own – Almanac 2018



Workshop Extra #2: Growing Food

We ran a workshop as part of Unley Council's Community Centre program on 17 September 2018 on growing food. 15 attendees and lots of issues that they wanted to address: raised garden beds, growing tomatoes garlic and ginger, dealing with pests amongst others. Lots of interaction with all of the GGGYO group sharing their experiences.



Workshop 7: Trying different things

Grow, Grow, Grow Your Own

Seventh of the 2018 free Workshop Series

Trying different things:

Adventures (and misadventures) in an experimental edible garden



Pauline's fruit salad

**2.30 pm on Sunday 30th September
at Unley Community Centre
18 Arthur Street Unley.**

**Register at peter.croft@mmc.com.au
or 0401122547.**

Workshop details

Our presenter is Pauline Muir, a member of Grow Grow Grow Your Own and known to many attending our workshops. Pauline has a large and varied garden of edibles in Goodwood and has experimented extensively. Pauline says:

“When I started my edible garden about 10 years ago, I kept thinking about the impact of our hot summers and climate change, about having a diverse range of edible plants, about attracting bees and growing plants organically. I also wanted to grow perennial vegetables and subtropical fruit trees, many herbs and natives, and compare heirlooms and hybrid vegetables. In the process some plants failed and others have been a great success creating what I hope is a resilient and productive garden.”

Come, hear, and see the results of Pauline’s work.

Thanks to a generous Unley Council grant:

Cost: free.

If you have any excess produce to share, bring that too!

Future Workshops: Our next workshop will be on Sunday November 18th so make sure that you are on our email list.

Growing from Seeds: We have started distributing seeds of popular vegetables at our workshops together with seed-raising mix. The idea is some seedlings for you and some for a refugee garden project in Kilburn. We hope that you can join us in this project.

Community garden beds: We would like to talk to members of the Unley community interested in hosting garden beds whose produce is shared.

Questions and problems: we are always keen to help you to grow your own vegetables. Please contact Pat on 0407 608 345 if you need help.

Sustainable Communities SA – Unley groups

Summary of Workshop

About 40 people attended Pauline's workshop on Adventures and Misadventures in an experimental edible garden.

Nolda opened with a demonstration of string making using leaves from a variety of garden plants.

Pauline began her talk by explaining several of her concerns: that climate change will affect our food growing, the possibility of perennial vegetables for gardens and her concern that much of the world's agriculture revolves around 20 or so plants whereas there are over 7000 edible plants - and possibly up to 20,000.

Pauline took us through her garden and explained how she had managed it, and the problems she had faced. Fruit trees figured prominently: pomegranate, mulberry and native fig. She said that loquat, olives, guava and jujube were very tough also. Babaco trees taste a little like citrus and Panama berry (from Daley's) are very nice.

In herbs, lemon verbena, tarragon and thyme. She recommended cape gooseberry (part of an edible hedge) as it produces two crops per year.

For perennial vegetables, Pauline recommended Lebanese cress (from Bunnings) - grows all year round, Brazilian spinach (doesn't bolt), Egyptian walking onion (easy to grow), malabar spinach and sea kale (very nice tasting).

Lots of interest afterwards in solving plant problems, learning more about weaving and string-making, and at the sharing table.







Workshop 8: Preparing for a Hot, Dry Summer

Grow, Grow, Grow Your Own

Eighth of the 2018 free Workshop Series

**Preparing for a Hot, Dry Summer
in your vegetable garden**



Plus End-of-Year Breakup Afternoon Tea

**2.30 pm on Sunday 18th November
at Unley Community Centre
18 Arthur Street Unley.**

Register at patwundersitz@gmail.com.

Workshop details

It is likely that we will have a hot, dry summer this year. Our gardens could suffer if we aren't well prepared. This workshop covers three major ways to help our gardens survive and will be presented by 3 members of Grow Grow Grow Your Own, each with more than 40 years gardening experience:

- **Looking after your soil** will be covered by Anne Wilson, an experienced horticulturalist and organic gardener
- **Effective (and low-cost) shading** will be covered by Pat Wundersitz, whose long gardening experience includes urban, farming and rural properties
- **Managing water usage** will be covered by Ashley Campbell, who enjoys the challenge of minimising his ecological footprint.

Come with examples of issues and problems in your garden that you would like to address.

If you have any excess produce to share, bring that too!

We will conclude with an end-of-year afternoon tea.

Thanks to a generous Unley Council grant: **Cost: free.**

Future Workshops: Our next workshop will be early in 2019 so make sure that you are on our email list. As always we are interested to hear about topics that you would like to be addressed in 2019.

Growing from Seeds: We have started distributing seeds of popular vegetables at our workshops together with seed-raising mix. The idea is some seedlings for you and some for a refugee garden project in Kilburn. We hope that you can join us in this project.

Community garden beds: We would like to talk to members of the Unley community interested in hosting garden beds whose produce is shared.

Questions and problems: we are always keen to help you to grow your own vegetables. Please contact Pat on 0407 608 345 if you need help.

Sustainable Communities SA – Unley groups

Summary of workshop

Terrific workshop (as they all are) with over 65 attending and lots of help offered by attendees in setting-up, preparing afternoon tea and putting things away.

Anne Wilson talked on preparing the soils in the garden for the upcoming summer. In a few words: get organic matter into the soil - through compost and mulch. Lots of interesting suggestions including the use of wet (used) disposable nappies as the insulating layer inside a pot.

Ashley talked about water usage and observed that plants are most of need of water at the hottest part (middle) of the day. He suggested use of wicking beds, pulse irrigation using timers, hessian covering beds and the use of full (but upside down) flagons into the soil (or plastic buckets full of water with a few small holes in the bottom) as techniques to help keep the water up to the plants.

Pat talked about shading on plants. A starting point is to know the angle of the sun and work to this, with 50% white shade cloth in removable rolls or wrapped around pots to keep heat levels down. Many examples of re-use of materials to create shade.

Then, an excellent afternoon tea. Many thanks to Jan, Hetty, Anne and Pat for a magnificent spread. Everyone stayed and talked. Lots of compliments from attendees who said that they appreciated the workshop series.



Grow, Grow, Grow Your Own – Almanac 2018



COMMUNITY GARDENS

1. Skylight Pots Installation on 9 March 2018

These were installed at Cooke Terrace Wayville, in conjunction with Bill Karagiannis from Skylight.

Our method was:

- **Ashley** to get the pots (8 to 10)
- **Nolda** to obtain the wicking materials and arrange for 10-12 bags of NuEarth Premium Potting mix to be delivered to Anne Wilson's place from Mitre10
- **Pat** to get the plants at the Farmers Market the previous Sunday
- **Anne Wilson** to get the Gyganic and fine, bagged pea straw from Magill Grain Store delivered to her house
- **Anne Wharton** to obtain the scoria.



Grow, Grow, Grow Your Own – Almanac 2018



2. Kilburn Refugee Garden: Handover of 400 seedlings on 15 April 2018



3. Kilburn Refugee Garden: handover of 500 seedlings on 16 September 2018



4. Renewing Unley Museum Garden beds 22 October 2018 with mulch, Whoflungdung and new, tough plants.





Hi Pauline

Just a quick note to say thank you! Apologies I didn't get a chance to chat, I was running some interviews so was a bit tied up.

The garden looks great, and I am intrigued with the new plants! I am going to put little signs on the plants so people can see what they are. I assume they are the ones you sent in the list a week ago – I'll look them up and match the plants to the names.

Would you like me to mention your group? I will be making some social media posts about the garden over the coming months and would be more than happy to mention you!

Greatly appreciated!

Kind Regards

Karen Paris

Museum Curator

Unley Museum

5. Unley Primary School Beds through 2018

Annie and Anne met early in the year with the Principal of Unley Primary School and the teacher responsible for their veggie garden. Since then, Pat, Nolda and Annie have been putting in a little time on the beds. The school have 14 raised beds and 6 fruit trees in barrels in what used to be an old cricket cage - these were established under the Stephanie Alexander Kitchen Schools project. At the end of 2017, the school put in a lovely native garden which included another 2 very large vegetable beds which are irrigated. Teachers involved have limited time to devote to the garden so have appreciated our help with various gardening jobs. We hope to keep an eye on the beds over the Christmas holidays, which can be a problem time for school gardens.



TREE POLICY

Over the past few years, Anne has passionately led the group on the importance of significant and regulated trees, inspired by the removal of river red gums at 47 Fairford Street Unley. She has meticulously followed up ongoing approvals for removals of other significant and regulated trees – disappearing at a rate of about one per week in Unley.

In addition, the topic of tree canopy has been on our minds because of its importance in combating climate change. Following excellent mapping work and careful study of tree canopy in Unley (dramatic reductions on private land over the last few decades!) by Unley Council (Kat Ryan!), Anne Wharton led a process to contact every candidate for election in the November 2018 Unley Council elections and, with Anne Wilson, collated responses and circulated these widely. This issue will continue to be a significant one in 2019 for the group.

The letter to candidates ran as follows:

C/O PO Box 172
FULLARTON SA 5063
Email: whartonanne@gmail.com
Phone: 0424 425 135
28th September 2018

.....

Dear

We are writing to you as a Ward candidate for the upcoming Unley Council election.

As you might be aware, there are many in the community who have great concerns about the dramatic and continuing loss of tree canopy cover in the Unley Council area, especially on private land. We believe that urgent action is needed to stop the unwarranted removal of trees by developers and property owners.

Our canopy cover is vitally important for reasons such as habitat and biodiversity, and combatting the effects of climate change. Canopy cover is an integral part of Unley's liveability – losing it will mean dramatic increases in e.g. health costs and building energy costs.

Many of our members were present at a presentation in August by Kat Ryan and Ben Willsmore to elected Council members, outlining the key findings of the Council's tree canopy cover assessment which was completed in June and suggested options to improve canopy cover. At the Council meeting last Tuesday night, a report with suggested actions in relation to green cover in the private and public realm was unanimously passed by the caretaker Council.

One suggestion that has been made in recent debate is to allocate a significant dollar value to stop landowners needlessly razing trees - we believe that this option should be explored.

Another suggestion has been to mandate a certain percentage of canopy cover for all new developments – again, we believe an idea worthy of exploration.

Grow, Grow, Grow Your Own – Almanac 2018

At a recent FOCUS meeting with a DPTI (Department of Planning, Transport and Infrastructure) representative, one of our members Peter Croft asked questions about how the issue of canopy cover would be handled to ensure that new developments responded appropriately. The DPTI presenter had a slide which examined “What makes Unley special”. In response to Peter’s question, the representative indicated that Unley could specify minimum canopy cover on private land just as it would specify minimum setbacks for dwellings. It is important that Council has a strong voice in the development of the new Planning Design Code.

We need to move to a future where trees are seen as critical infrastructure for a liveable, vibrant and healthy city. We urge you to give this vital issue the highest priority, should you be elected to the Council.

We suggest that it would be helpful for voters if you made a public statement (via blog/email to supporters etc) prior to election day with regard to your position on trees and canopy cover, stating clearly what you see as a way forward for enhancing Unley’s tree cover in both public and private spheres.

We look forward to hearing from you.

Kind regards

Anne Wharton, *Save Unley Trees campaign*

Peter Croft, *Grow Grow Grow Your Own group*

Warren Jones *for Friends of the City of Unley Society (FOCUS)*

FIELD TRIP: Alberton Primary

on 7 November 2018

What an inspiring place! Serena has transformed an asphalt and neglected area into a wonderland of raised garden boxes, chook yard, orchard, herb garden, sitting areas, water gardens and flowers. Bees everywhere. Children wandering through. And all in under two years. The asparagus and fruit trees looked as though they were five years old, not two. Anne Wilson found a new friend amongst the aquaponics and fish (Pondi). Thanks to Pauline for organising and her generosity in providing plants.





FEEDBACK

From: Anne Wharton <annewharton@smartchat.net.au>

Subject: Re: "Grow Grow Grow Your Own" - Our first workshop for 2018 - Sun 18th Feb - Summer Pruning

Date: 29 January 2018 at 6:10:44 pm ACDT

To: Michael Hewitson <mhewitson@unley.sa.gov.au>

Cc: Peter Croft <peter.croft@mmc.com.au>

Thanks Michael - good to hear you'll be summer pruning your trees!

Cheers

Anne Wharton

On 28/01/2018 5:15 PM, Michael Hewitson wrote:

Dear Anne

Ros and I have accepted a prior invitation on that Sunday! Please pass on my apology and support for the group. I need to summer prune my trees!

With my good wishes

Michael

Michael Hewitson AM

Councillor City of Unley

08 82719731

<http://michaelhewitson.blogspot.com.au/>

From: "Crichton, Lyndall Janet - crilj002" <crilj002@mymail.unisa.edu.au>

Subject: Re: Community Gardens

Date: 18 April 2018 at 2:53:32 pm ACST

To: Peter Croft <peter.croft@mmc.com.au>

Hi Peter,

Thank you for your responses and for attaching a copy of your almanac, they were extremely informative and will greatly contribute to the proposal for the development of the community garden at Upper Sturt Primary School.

I think what you and GGGYO contribute to the community is fantastic, reading your almanac has demonstrated that a small, passionate and committed group of people can really make a difference.

Kind regards,

Lyndall

Grow, Grow, Grow Your Own – Almanac 2018

11th June

Ciao! Pauline,

Finally the Unley Museum Garden is getting underway! We have installed the compost bin ready for the worms for our worm farm!

And yesterday I prepared the soil for plantings with GoGo Juice and Seamungus grains as well plant a little! As we still have some funds still remaining of the \$200, next week we are buying seedlings for the garden!

Thus I'm leaving some room in one of our raised beds for Malabar Spinach so we at Unley Council can also participate in this worthwhile project!

And I do hope your talk at the Walyu Yerta Community Garden went well last Sunday; I awaiting to hear from Greg!

Well I hope to see you at the One Planet Market this Saturday and we can discuss this further!

Thank you again and your Grow Grow Grow Your Own group for your interest & encouragement; I'm hoping soon we have a healthy and productive organic garden here at Unley Museum!

We have had some problems with rats and possums recently so I may be asking you questions re this problem also on Saturday!

Well I pray that both Andrew and yourself are fine!

Till we meet again,

Take Care,
franco

11 July

Message from Melissa

Hi Peter. Thanks again for the opportunity to present to your group. What an amazing bunch of people. I'm so encouraged by their commitment. I will send you an email about the Green infrastructures and WSUD performance based policy project. Regards Mellissa
Sent from my iPhone

From: N R <rohtech@live.com>
Date: 20 August 2018 at 06:14:45 ACST
To: "peter.croft@mmc.com.au" <peter.croft@mmc.com.au>
Subject: Thanks and if you need more seed growers for refugees

Hi Peter, thanks kindly for the Sustainable Communities event. I enjoyed it.

If you need some more growers for things for the refugee project, let me know. I was a bit hesitant to jump in as alongside anxiety on the day, I wasn't sure if I'd be able to make the next events (as much as I'd like to!) to get the plants to the refugees as I'm a little transport challenged but will work something out (my garden is not needing new additions but I'd still be able to help if needed)? If so and you're needing some more people to grow for you, I can send you some stamp self-addressed envelopes and you can send what ever seeds you're needing grown (I have seed raising mix). I'm closer to Kilburn, is it possible to drop them there if needed? No pressure to send anything, only if there is an unmet need for growers.

I really enjoy growing things for other people, starting up Trees for Life, so I really like the concept of this idea. Well done. With my health being poor I find such at the community garden I belong to very therapeutic

Kind regards,
Nick

From: "O'Brien, Michael (DCP)" <Michael.O'Brien@sa.gov.au>

Date: 20 August 2018 at 09:51:49 ACST

To: 'Peter Croft'

Subject: RE: native food event

Peter

Great to attend event and to meet you

Could you give me the link to the presentation by John and Chris please

Mickey O – Kumatpi Marrutya

Ngaityu yakanantalya, yungantalya Ngaityalya

My dear sister(s) (and) brother(s). (ie thank you)

Kurna

Michael O'Brien

Facilitator of Learning – Human Resources – Practice Development

Department for Child Protection, Level 7, 108 North Terrace, Adelaide SA 5000

e Michael.O'Brien@sa.gov.au **w** www.childprotection.sa.gov.au

Subject: Status of my grafting at home

Date: Sun, 23 Sep 2018 19:40:03 +0930

From: Robert Schnell <mayor4unley@gmail.com>

To: Anne Wharton

Hi Anne

Remember I went to the grafting session at Fern Avenue garden.

I'm so excited. My grafting attempts at home seem to be doing well.

Most of my grafts seem to be working with buds and leaves appearing on the grafted cuttings.

Peach on peach and plum on plum. The avocado grafts are awaiting activity.

Just so happy that I attended the grafting session.

Regards

Cr Bob Schnell

Mayor4Unley@gmail.com

Subject:Thought for today

Date: Thu, 6 Sep 2018 20:42:08 +0930

From: Russ

To: Annie Wharton

G'day Annie,

For passing on to SC group and all those other gentle activists out there.

A THOUGHT FOR TODAY:

I would encourage people to look around them in their community and find an organisation that is doing something that they believe in, even if that organization has only five people, or ten people, or twenty people, or a hundred people. And to look at history and understand that when change takes place it takes place as a result of large, large numbers of people doing little things unbeknownst to one another. And that history is very important for people to not get discouraged. ... History is instructive. And what it suggests to people is that even if they do little things, if they walk on the picket line, if they join a vigil, if they write a letter to their local newspaper. Anything they do, however small, becomes part of a much, much larger sort of flow of energy. And when enough people do enough things, however small they are, then change takes place. -Howard Zinn, historian, playwright, and social activist (24 Aug 1922-2010)

Cheers, Russ

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Subject:Grow Grow Grow Your Own - our next wkshop "Preparing for a Hot, DrySummer", 18th November, 2.30pm

Date: Mon, 29 Oct 2018 06:46:05 +1030

From: Merydith W

To: Anne Wharton

Morning Anne

Thank you for the workshops over 2018. I've thoroughly enjoyed attending some of them.

I'll be in New York City over Christmas and can't wait to be there 😊 So, I won't be able to attend this workshop.

Happy Christmas to you all and see you in 2019.

Cheers, Merydith

"City trees survive best when they are helped by a network of helpful humans and are granted 'Personhood' "
(The songs of Trees by David George Haskell)

From: Christine Adams

Subject: Workshop

Date: 11 November 2018 at 3:39:27 pm ACDT

Hi Pat,

I didn't enrol for the workshop, as recovering from surgery, will be taking it very quietly until Christmas.

However, my veggie garden is going well, and I am picking baby spinach and Russian kale. My tomatoes self seeded when I spread my compost, and are about 18" high already. So did the pumpkins, but they appear every year, and usually take over. I'm prepared for them this year though, and we have rigged up a solid trellis to support them. I also have dwarf beans, snow peas, carrots and sweet corn from seed, and have eggplant, capsicum, beetroot and cucumber seedlings doing well.

I have 4 small raised beds, and have pulled them in close to each other this year, so they stay cooler. Straw has been spread as mulch, and I have a frame ready to pull white shade cloth over, when it gets really hot. I've never collected my own seed, but am aiming to try this year.

My lemon tree is looking healthy - I tried the sticky goop, for the second time, and not fertilising in spring, and I can't see any galls at the moment, so fingers crossed.

I will get back to the GGG group, but wanted to let you know that your workshops are wonderful. I'm sure this one on the 18th will be great too

Regards,
Chris



Our fame precedes us, though they got the spelling wrong (plaque spotted in Adelaide's sister city, Kyoto)